

Jan 2018



(email address: newsletter@ogstonsc.co.uk)

www.ogstonsc.co.uk



www.facebook.com/ogstonsailingclub



<https://twitter.com/Ogstonsailing>



Commodore's Comments

AGM

The AGM was held on Friday 24th November and was very well attended. I was able to pass on the 'duty nanny' baton to Martin Honnor, who I am sure will do a fantastic job as Vice Commodore. Apparently he agreed to consider the position while supping at the bar one evening. I presumed someone had been plying him with drink, but he had only had one pint! I have succeeded Paula as Commodore and want to thank her for all her help to me personally over the last year. She has put in a huge amount of work in many different areas. The Ladies' nights, Fitting out & Laying up Suppers, Childrens' Christmas Party, Open Day, New Members' event and Sea Scouts evenings are just a few of the things that she has played a major part in running.

There are several new faces on the committees and hopefully some of them will be introducing themselves later in this newsletter. Anthony Chipp has been elected to be the Social Sailing Representative, which is a new post and intended to raise the profile of social sailing at Ogston.

Social sailing was one of the themes highlighted by Mike Ush-

erwood's presentation of the results of the membership survey. Other suggestions for improving the club included enabling new sailors to make the transition between learn to sail and racing, introducing a buddying scheme, making it easier to borrow club boats, holding more family & fun events on and off the water, and not - as one of my friends confessed that he had done in the past - 'waving at folk in an unfriendly manner'. We have formed a small group to discuss the implementation of these improvements and will keep you updated. Let me know if you have any suggestions of your own.

It was clear from some of the questions at the AGM that there were some misconceptions about duties. Between November 2016 and August 2017, there were roughly 47 members who had competed in 10 or more races, which is equivalent to just 5 Saturdays or 3.3 Sundays, so I have not chosen a high cut-off. All of these did at least 3 duties. Even more striking is the fact that most of the duties are done by members who either seldom sail or never sail, for which those of us who enjoy our racing should be very grateful. We have sufficient willing members to go round all

the duties. The only issue with duties is the need to remind folk to sign up (hence the 'duty nanny' reference), which could be easily resolved by a small change in culture - to answer that email or phone message by signing up, or in a few cases, explain the issue about work or holiday uncertainties.

Situations Vacant

We have two exciting positions for the right candidates, who will be part of a progressive team of individuals at the nerve centre of the club.

1. Are you fond of money, have a mathematical bent, enjoy squaring the circle and can spare 3 hours a week? If so, please contact treasurer@ogstonsc.co.uk
2. Are you a social media aficionado, witty and a creative writer? If so, please contact me for more details on how to put Ogston SC firmly on the map.

Data Protection

If you have read this far, you probably suffer from insomnia, but I am sure that you will be thrilled to know that new regulation is due in May 2018. Red tape just got redder. We now need your **explicit** permission to print your name and telephone number in the Sailing

Programme booklet. We also need to tell you how we use your data and publish a Privacy Policy. You will see some changes to the Membership Renewal form to accommodate this. We have even made the pdf form editable, so that you can complete it and return it online.

NB It is no longer permissible for us to pre-tick check boxes or use 'opt out' check boxes.

Therefore, if you see a check box, please 'check' it, as in this example, unless you really do not agree to the condition that it is attached to.

If you do not want members to see your contact details in the Sailing Programme, then you also need to be aware that your telephone number and email are visible on Dutyman adjacent to your name and your duty date. Only members who are logged in can see these, but to remove your contact details from their gaze, simply go to 'Update your contact details' and check the box 'Ex-Directory'.

Commodore's Boxing Day Bash

The Commodore's Boxing Day Bash is on Tuesday 26th December with the race starting at 12.00. It is the final race of the year and will be followed by the traditional buffet lunch in the clubhouse. Everyone is welcome and it is a great way to get some fresh air and work off the Christmas Day excesses. Prizes will be given for the best dressed boat and the best dressed sailors and you will be welcomed off the water with a warming glass of Fairtrade mulled wine. Feel free to bring all the family down – it's always an enjoyable day at the

club for both the sailors and those who prefer to keep warm in the clubhouse.

If I do not see you beforehand, I wish you all a very Happy Christmas and New Year. All the best,
Mike

First Aid Course 2018

The club will be running an emergency first aid course on 3rd March 2018.

This course is primarily aimed at instructors who need to maintain their first aid rating, but there may be a few places available for other club members who would like to receive emergency first aid training. The cost will be in the range £40 to £60 depending upon the number of attendees. This is a competitive price.

If you would like to attend this course then please email:

sail.training@ogstonsc.co.uk

or phone Sandy Dowell on 01246 209049

There are limited places on this course, so it will be first come, first served. Priority will be given to club instructors.

Vice Commodore's (1st) Report

Firstly let me introduce myself to those of you who don't know me. My name is Martin Honnor, I currently sail a Solo and Enterprise at Ogston and have been a member since 2005. I joined to put my 2 daughters through our wonderful Junior Fleet system and Abigail still sails with me in the Enterprise today.

Secondly, and probably most importantly, thank you all for allowing me to be your Vice Commodore this year, it is a privilege and a honour (No pun intended...), I will do my utmost to match our Commodore, Mike Heap.

In this new role I have already been tasked with the Sailing Programme update, thankfully not the whole thing, but certainly regarding matters of sailing. Please have a read through the programme when it is issued early next year and feel free to offer any changes which we can implement accordingly. The significant change is the move to Handicap racing only. We will still run both Slow and Fast Handicap fleets, and the respective Junior fleets also, but no Fleet starts. To keep the fleet interest however, we are still going to award fleet prizes within the handicap races results, so please keep getting you boats out, the more the better.

Over the years at Ogston, while we have excellent Junior, Adult Learn to Sail, Youth Racing training programmes, to mention a few, I feel there may be a gap between these solid foundations and the big step to racing - I have certainly heard it

said at the bar after sailing. I am not suggesting necessarily running another formal training course but perhaps more less formal event which I am happy to do. Please let me know your thoughts, call me, email or simply collar me in the dinghy park, I will try to help. I have also said I will happily run ~1 hour sessions on a Saturday morning if there is interest, for example, setting up your rig and sails, how to start, things to do on the first beat, down wind sailing in windy conditions, etc., let me know and I will put some days together.

Frostbite Series is still under way, despite the weather's attempts to curtail it early - we had to cancel Sunday, 9th December as Mr Met Office was suggesting plenty of snow. Congratulations to Roscoe Martin who has already won the series but the battle for Silver and Bronze goes on, so get your dry-suits, hat and gloves on and come down and grab the 2 remaining podium places, only 2 more races but all to play for...

The final event of the year will be the **Boxing Day Bash**, so come down and enjoy the excellent day's sailing: prizes will be awarded for the best fancy dress and there will be hot food and warm refreshments after sailing. This is the final event of 2017 with the new 2018 season starting on Sunday, 4th March, so please put it in you diaries. For those of you who intend leaving your boats at the club over winter, please ensure they are protected, covered and most importantly tied down securely, as we all know, there can be some wet, windy and

frosty times over the winter and damaged boats is the last thing we want to see.

To matters of Duties; there has been a good uptake of duties already, thank you those who have already signed up, particularly to one of our newest members Martin Harris, he has signed up to twelve, yes 12, SO1 duties throughout 2018, thank you Martin... I appreciate March 2018 is a long way off, however, we are still short of a few volunteers for safety duties. If you have completed your safety familiarization course, and it suits your diary, then feel free to sign up as soon as you can, thank you. If you are less comfortable being SO1 then sign up as SO2 with a more experienced SO1. Remember, all sailing members are expected to complete 3 duties throughout the year, 1 Saturday, 1 Sunday and 1 Wednesday is the norm, so please have a look on Dutyman and choose some dates. You can always 'swap' them at a later date if you find later you're double booked. You can also email or call me at anytime. Thank you in advance.

On a final note, I would like to wish you all a Very Merry Christmas and please make sure you have a wonderful time in the Festive Season and all the best for 2018!

Martin Honnor
Vice Commodore
07917 469 331

The Ogston Buddies Informal Support for Inexperienced Sailors

At the AGM we were given an excellent presentation on the results of the latest membership survey. Of the many points that were raised in the survey, by far the most prominent was the desire to have more and better support for those who are new to sailing, or who do not have the depth of experience to feel confident to sail in our club racing.

The club has a number of qualified instructors, but not enough to give all the support that is needed.

Starting in 2018 we would like to offer new and inexperienced adult sailors a 'buddy' from amongst our more experienced sailors to provide advice, help and support with developing their sailing confidence.

This is not a formal role; it may just be a word of advice, a place to take questions, an eye on technique, or moral support when something goes wrong.

Each buddy can choose how best to support their new sailor.

As time goes on we would like to extend this scheme to junior and youth sailors, and will appeal for buddies of the appropriate age group. For this year we are concentrating on the new adult sailors.

So, we need volunteers...

This is an opportunity to give back a little of what you get from club membership.

If you are an adult, have been sailing a year or two and are confident about racing and general sailing issues then please contact me.

sail.training@ogstonsc.co.uk

or phone Sandy Dowell on 01246 209049

You don't need any special training. You don't have to give up any time specially for this role; you can sort out your own method of helping your new sailor. If you sail double-handers, then maybe your new sailor could crew for you. If you sail a single-hander then a word while on the water can be a great help. Be inventive.

If you enjoy this role then you may be able to give help and advice to other new sailors who don't have a buddy on a particular day.

An invitation to new sailors to link with a buddy will go out later in 2018.

Thank you.

New Committee Member

Hi, I'm Martin Harris, a newbie to Ogston Sailing Club and not (yet) a sailor.

After some intermittent experiences over the last 30 years in sailing dinghies, I have a recently discovered my interest lies in power-boating so I joined the club to get experience through carrying out safety boat duties - as many as I can.

I'm a new General Member of the committee this year, in terms of value I can bring..we'll wait and see but if nothing else, a new pair of eyes and a willing pair of hands.

I work for IBM with a busy European job and live in Oakerthorpe with my wife and two grown up daughters.

Best regards - Martin



Peak Dinghy Spares

- New Boats
- Boat Repairs
- Sail Repairs
- Clothing
- Chandlery
- Accessories
- North Sails



Unit 14, Pavilion Workshops, Park Road. Holmewood, Chesterfield.

S42 5UY

We may be out collecting or delivering a boat so please ring first to avoid disappointment

H. A. BRIDDON LTD.

Old Coach Road, Tansley, Matlock, Derbys DE4 5ND
Tel/Fax: 01629 583202
Email: info@habriddon.co.uk



BUILDING & CONSTRUCTION
PLUMBING & HEATING
BESPOKE JOINERY



ESTABLISHED 1959



Dinghy Show 2018

Alexandra Palace—3-4 March 2018

The Club can get discounted tickets (£10 each) if we get 6 or more members interested.

If you are interested in this offer then please contact Mike Heap.

commodore@ogstonsc.co.uk

Advertising in the Ogston Newsletter and Sailing Programme.

Would you like to advertise your products or services to Club members for a very competitive rate?

We send out about 170 newsletters each month and 200 Sailing Programmes at the start of the season.

For £60 a year will get you an A6 advert in each of these publications. (£100 for a colour advert)

This is an opportunity to promote your company and to support the Club.

Please contact John Mellors at newsletter@ogstonsc.co.uk for more details.

Committee Bits

Joint Management / Sailing Committee meeting -Thurs 7th December

The following items were discussed:

- Changes to the Closed Club Sailing Instructions were agreed. These are to detail: changes to the Class series, times of races on Sundays and scoring of the Fleetest of Fleets (details to follow nearer to the start of sailing).
- We are to remain with the present padlock key system for the locking of the main club house for the time being. Alternative systems to combination locks are being considered.
- We are to hold a 2 day Challenger Nationals Open meeting next year (combined with the Handicap Open)
- Consideration is being given to the refurbishment of the present Comet Trios used for training instead of replacement.
- We are to introduce a sailing 'Buddy' scheme in response to feedback from the questionnaire. (details elsewhere in this newsletter)
- Data protection was discussed in some detail. Please complete the return for Mike Heap if you have not already done so. Also, there is a declaration that needs completing on the new Membership Renewal form elsewhere in this Newsletter.
- Advertising in the Sailing Programme / Newsletter (See article elsewhere)

The next meetings are planned for:

Management meeting – Thurs 11th Jan

Sailing Committee Monday 8th Jan.

All members are invited to attend these meetings as an observer.

John Mellors

Membership

Enclosed with your newsletter this month is a membership renewal form.

The new rates of membership were voted in at the club AGM and can be seen on the form.

ALL members are required to complete a renewal form each year with details of all sailing family members and boats in the dinghy park and send it in via post or email. (An electronic version in PDF format is available on the Club website <http://www.ogstonsc.co.uk/membership%20renewal%202018%20v58.pdf>) This PDF version can be completed electronically by downloading the blank form to your desktop, completing the form with your details, and then saving back to your desktop. This can then be emailed to the Membership Secretary. Please complete and return your form as soon as possible.

For those paying by Direct Debit via the Go Cardless scheme there is no need to resubmit bank details, your subscriptions will be updated from 1st February when the new rates become applicable, however membership renewal forms should still be completed and returned to ensure that boat berth and membership details are up to date.

If anyone has any queries please do not hesitate to contact me .

Thank you in advance for your cooperation with this.

Julia Ward

Membership Secretary

membership@ogstonsc.co.uk

Safety Duty in Winter

A reminder and refresher as the weather turns colder, if you are on safety duty, it is your responsibility to ensure sailors are safe - you need to be prepared to make the decision to remove someone from the water for their own safety.

Please also remember that you are at risk of hypothermia as well. Make sure you layer up before going on the water and top off with water/wind proof layer. You must also be prepared to enter the water so a dry suit is ideal but if wearing a wetsuit layer up over the wetsuit.

Hypothermia signs and symptoms

1. Hypothermia is when the core body temperature falls to below 35 degrees C (2 below normal body temperature).
2. Initial signs are someone feels cold and starts to shiver.
3. Next stages are cold pale skin, speech becomes slurred.
4. It then moves on to confusion (may say they are feeling warm and start taking layers off, behaving out of character, unable to make sound judgement)

Treatment

1. If at the feeling cold and shivering stage - move somewhere warm, change clothing to warm dryclothing **Many thin layers are better than 1 or 2 thick, (don't forget hat and gloves as well). Do not use a shower to warm them** (it takes blood away from vital organs to the skin and can make condition worse), someone will need to help then get dressed - **When drying do not rub**

the towel, pat the skin to

dry (rubbing stimulates circulation and has the same effect as a warm shower. Give warm drinks to sip, and high energy foods to help self warming. Recommend that when they feel warm at home (it may take several hours) to have a warm bath to continue the warming process,

2. If beyond above (slurred speech or worse), then change into warm clothing as before but an ambulance needs to be called. This is a serious condition.

A reminder that at Ogston we have a local agreement that during winter months assistance may be provided to sailors who have capsized without penalty. They may continue racing. Consider going to the mast head in the first instance to prevent inversion and when sailor is at the centre / dagger board flick the mast up or walk down the mast lifting as you go. Alternatively go to the bow and take hold of the forestay lift up that way and 'walk' to the mast before lifting the mast up as before.

Best wishes,

Mike (on behalf of Simon Crawford, Rear Commodore Safety)

Mike Heap

Commodore Ogston SC
07748698384

Social Update

WOW what a great penultimate ending to the Social calendar with one of the main Social events of the year.....we had a fabulous evening at the Ball which was held at the Casa Hotel last month.

Thank you to all those who joined us, it was a wonderful night enjoyed by everyone who came. Also, many congratulations to all the members who joined us and who were awarded trophies for their sailing successes throughout the year.

We still have a couple of very sociable events to come before the end of the year, including the ever-popular, Boxing Day Bash and increasingly popular Faith Lunch on New Year's Day.

We very much appreciate your support at the Socials so please make a note in your diaries of the remaining dates below and come along to join in the fun.

As the year is coming to an end I would ask that you consider any suggestions or ideas for Social Events and activities for next year and please let me know what they are. This is the ideal time and opportunity for you to get involved and have an input, so if you have any requests or suggestions and/or would like to be involved in organising any Social please let me know.

December 26th – Commodore's Boxing Day Bash. Enjoy an exhilarating race followed by mulled wine, a buffet and plenty of socialising.

January 1st 2018 – New Year's Day 'Faith' Lunch – welcome the

New Year in with your sailing friends at our 'bring and share' lunch. Enjoy a relaxing lunch following the previous night's festivities and catch up with all your friends.

Please make a note of these dates and as always if you have any ideas or would like to make any suggestions for a Social event please let me know. You can contact me on 01773 590523 or by e-mail at ahughes9@btinternet.com

I look forward to seeing you all at the above for the remainder of 2017 and hope you have all enjoyed a successful sailing year.

Andrea

**OGSTON SAILING CLUB
COMMITTEE MEMBERS 2017-2018**

MANAGEMENT COMMITTEE	
President	Harry Pye
Vice President	Don Spencer
Commodore	Mike Heap
Vice Commodore	Martin Honnor
Rear Commodore	Paula Tyers
Rear Commodore (Safety)	Simon Crawford
Hon Treasurer	Vacant
Hon Secretary	Joy Mapp
Sites Chairman	Glyn Rawson
Membership Secretary	Julia Ward
Social Chairman	Andrea Hughes
Publicity Officer	Vacant
Training Officer	Sandy Dowell
Junior Training Officer	Chris Bridge
Safeguarding	Liz Revell
Sailability Co-ordinator	Bob Cable
Bar Committee Chairman	Vacant
General 1 (Newsletter)	John Mellors
General 2	Bill Buckley
General 3	Martin Harris
General 4	Richard Adams
General 5	Dave Driffill
Auditor	Mike Usherwood
SAILING COMMITTEE	
Chairman	Martin Honnor
Secretary	Jonathan Chapman
Rear Commodore (Safety)	Simon Crawford
Results Secretary	John Mellors
Trophies Secretary	Andy Gomm
Sailability Representative	Mark Winch
General 1	Alan Knott
General 2	Bryce Howard
General 3	Jon Ward
General 4	Matt Rawson
Social Sailing Representative	Anthony Chipp
FLEET CAPTAINS	
Enterprise	Phil Wilson
Handicap (Fast)	Don Spencer
Handicap (Slow)	Colin Coombs
Laser	Sarah Rumball
Junior Fleet Captain	Sean Cashin
BAR COMMITTEE	
Chairman	Vacant
Treasurer	Vacant
General 1	Simon Law
General 2	Jess Law
General 3	Andrea Hughes
General 4	Bob Cable
General 5	Mandy Rawson



Ogston Sailing Club
Membership Renewal Form
February 1st 2018 – January 31st 2019

*Volvo/RYA
 Champion Club
 RYA Sailability
 Foundation Club*

TYPE OF MEMBERSHIP (see over for details):

FAMILY () SINGLE 18+ () Under 23 IN FTE () YOUTH () SOCIAL () SAILABILITY () Assoc SAILABILITY ()

NAME (BLOCK CAPITALS PLEASE) Sailability members should also include the name and details of their nominated assistant.	DATE OF BIRTH (If under 18)	SAILING: YES / NO Note: Sailing members over the age of 16 must complete 3 race duties per year.

ADDRESS: _____

POSTAL CODE: _____

TELEPHONE: _____

MOBILE: _____

E-MAIL (1): _____

E-MAIL (2): _____

DECLARATION (1). (To be completed by all members):

I/We wish to renew my/our membership of Ogston Sailing Club and undertake to pay the appropriate subscriptions. The success of the Club relies on its members helping to run the events and all sailing members aged 17 and over are required to undertake 3 race duties each and attend work parties. I understand that I and all eligible family members will be asked to do these duties as a condition of membership and will sign up for race duties on line or by contacting the vice commodore; if I do not, I agree for them to be allocated to me by the Club. I undertake to abide by club rules, the directions of the committee and will comply with rules governed by Severn Trent Water (Appendix 'A'). I declare that boats owned by the person(s) named above will have insurance cover for third party risk whilst sailing of at least two million pounds (£2,000,000).

Data Protection: The information you provide in this form will be used solely for dealing with you as a member of Ogston Sailing Club. The club has a Data Privacy Policy which can be found at http://www.ogstonsc.co.uk/privacy_policy.pdf. Your data will be stored and used in accordance with this Policy.

The Club publishes an annual printed Sailing Calendar including the name of each member (+/- partner) and telephone number +/- boat class(es) owned. This is available to members only. Please tick if you consent to your data being shared in this way.

Please be aware that if you later decide to withdraw your consent it will not be possible to remove your contact details from printed material until the next edition of the Sailing Calendar is printed, which will be on a yearly basis.

The Club may arrange for photographs or videos to be taken of Club activities and published on our website or social media channels to promote the Club. Please tick if you consent to your image being used by the Club in this way. If at any time you wish to withdraw your consent for any of the above, please e-mail membership@ogstonsc.co.uk

Member's Signature: **Date:**

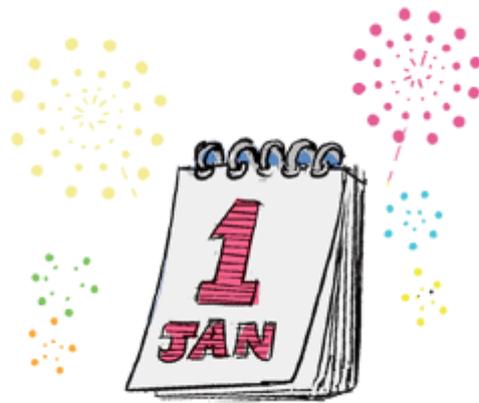
Partner's Signature: **Date:**
(if to be included in Sailing Calendar)

DECLARATION (2). (To be completed by the Parent / Guardian of Under 18s only):

I indemnify Ogston SC against liability for any conduct of or incident occurring to the above minor(s) and guarantee his/her insurance and other legal liability.

Please tick if you consent to photographs or video recording of your child/ward being used for training purposes or Club publicity.

Signature: **Date:**



New Year's Day

OSC New Year's Day

'Faith' Lunch

Monday 1st January 2018

12.00 pm onwards

Family and Friends welcome

Bar Open

We hope you can come along and join us for our 'bring and share' lunch and enjoy a relaxing time socialising with all your Sailing friends and families after the Christmas and New Year celebrations

Contact Andrea Hughes if you need any further information 01773 590523
or ahughes9@btinternet.com